

TRAIL OUTLAWS



RAF Benevolent Fund SPADEADAM Half Marathon 2021

In association with:



INFORMATION

Please read the pre-race information carefully. If you have any questions about the race, then please info@trailoutlaws.com or phone 07734309500 Tim 07984307900 Garry

RACE INFORMATION

After not being able to host the race last year we are delighted to be able to host the race again this year. We are delighted to be working with RAF Benevolent Fund again. We launched a campaign this year to ask everyone taking part to try and raise a £100 via Just Giving.

We hope you enjoy the route as much as we do. It has an amazing mix of long undulations, amazing views and military hardware on show! **PLEASE REMEMBER YOU MUST FETCH PHOTOGRAPHIC ID WITH YOU to enter the base. Driving License, passport, bus pass, Govt Department work pass.**

PRE REGISTRATION

The title of the race, hopefully makes it obvious that the race is taking place on an RAF base. In order to get everyone onto the base with minimum delays, it would be a HUGE help if everyone could register the driver, passengers and their hot sandwich preference. Please use this link to register if you have not already done so via this link.

Please note that the spectators and family members are not allowed on to the base this year to help restrict the spread of covid19. As per previous years dogs are not allowed on the base.

RACE NUMBERS

Please note that race numbers will be given out at race registration on the day of the race. The race bibs will have chip timing attached so your times will be recorded accurately no matter what time you arrive to start. Please DO NOT remove this chip as it will cease to work and your time will not be recorded.

BEFORE THE RACE

Consider taking out personal insurance against accident or injury whilst participating in sporting activities. UKA and TRA membership include insurance. Fetch appropriate footwear for the race conditions.

RACE REGISTRATION

Race registration for the event opens at 09:30 and closes 10:30.

Race Schedule:

Briefing	10:55
Start	11:00
Presentations	13:30
Finish	14:30

All runners must register before the race starts.

T-Shirts and medals will be given out upon completion of course.

Registration Address:

RAF Spadeadam, Brampton, Gilsland, Cumbria, CA8 7AT

Map for RAF Spadeadam

RACE PARKING

Event parking will be on the base itself, there is no parking on the road outside the base under any circumstances.

START / FINISH

The race starts close to the race registration area. There will be a mass start for the race.

The race finishes at the same place as the race start above.

As per the start of the event, once you have finished we will kindly ask that you collect your medal and your event T-shirt and vacate the start / finish area.

You will then be able to collect your hot drink and sandwich from the tent sent up towards the entrance.

PRESENTATION

Winner's presentations and age category presentations will take place at approximately 13:30.

RACE DAY SHOP

The Trail Outlaws Trading post will be located at race registration should you wish purchase extra merchandise Trail Outlaws Hoodies, buffs, and long sleeve tops.

Hoodies £30

Long Sleeve Tops £15

Bufs £5

Draw String Kits Bags £5

RACE ROUTE

The route will be fully marshalled, signed and flagged.

There will be marshals and signs, but navigation of the course remains the responsibility of the runner.

CHECKPOINTS

There are three checkpoints

CP1 is at 3.3 miles and will have water and sweets
CP2 is at 7 miles and will have water, red cola and sweets.
CP3 is at 10.25 miles and will have water and sweets

FIRST AID

First Aid cover at the event is being provided by AED Medical.

There will be First Aid responders and a Paramedic located at the event.

Should you get into difficulty on the course please alert another runner or marshal who will be able to pass on any information and alert us for help.

HOT FOOD & REFRESHMENTS

Entry includes a sandwich and hot drink, which you can pick up after the race.

FACILITIES ON SITE

Runners and supporters will have access to toilets.

Bags can be left at the start/finish area. But, please be aware that we cannot guarantee the safety of any belongings left at the start and we will not be able to hold onto people's car keys or valuables, these are your responsibility.

VIRTUAL OPTION

If you can no longer make the race. Then you are still able to claim your t-shirt and medal and by emailing proof to info@trailoutlaws.com of running a half marathon distance before the end of November. We will then post your t-shirt and medal out for you.

MILITARY EQUIPMENT

Please do not touch or climb on any military equipment on the base!

RAF BENEVOLENT FUND GOODIE BAGS

If you took part in the Just Giving fund raising campaign to raise a £100 for the RAF Benevolent Fund. Then you just need to come and show a screen shot of your just Just Giving page to collect you goodie bag that will contain a mixture of things from the RAF Benevolent Fund and Trail Outlaws.

FINAL WORD

Thank you very much for choosing to take part in the RAF Spadeadam Half Marathon. We want to make this a fabulous annual event with a fun and friendly atmosphere. So fetch your best smiles :)

Have a great time, run with a smile on your face and we are sure you will agree, trail running is the best kind of running :)

TRAIL OUTLAWS TRADING POST

TRAIL OUTLAWS HOODIES £30

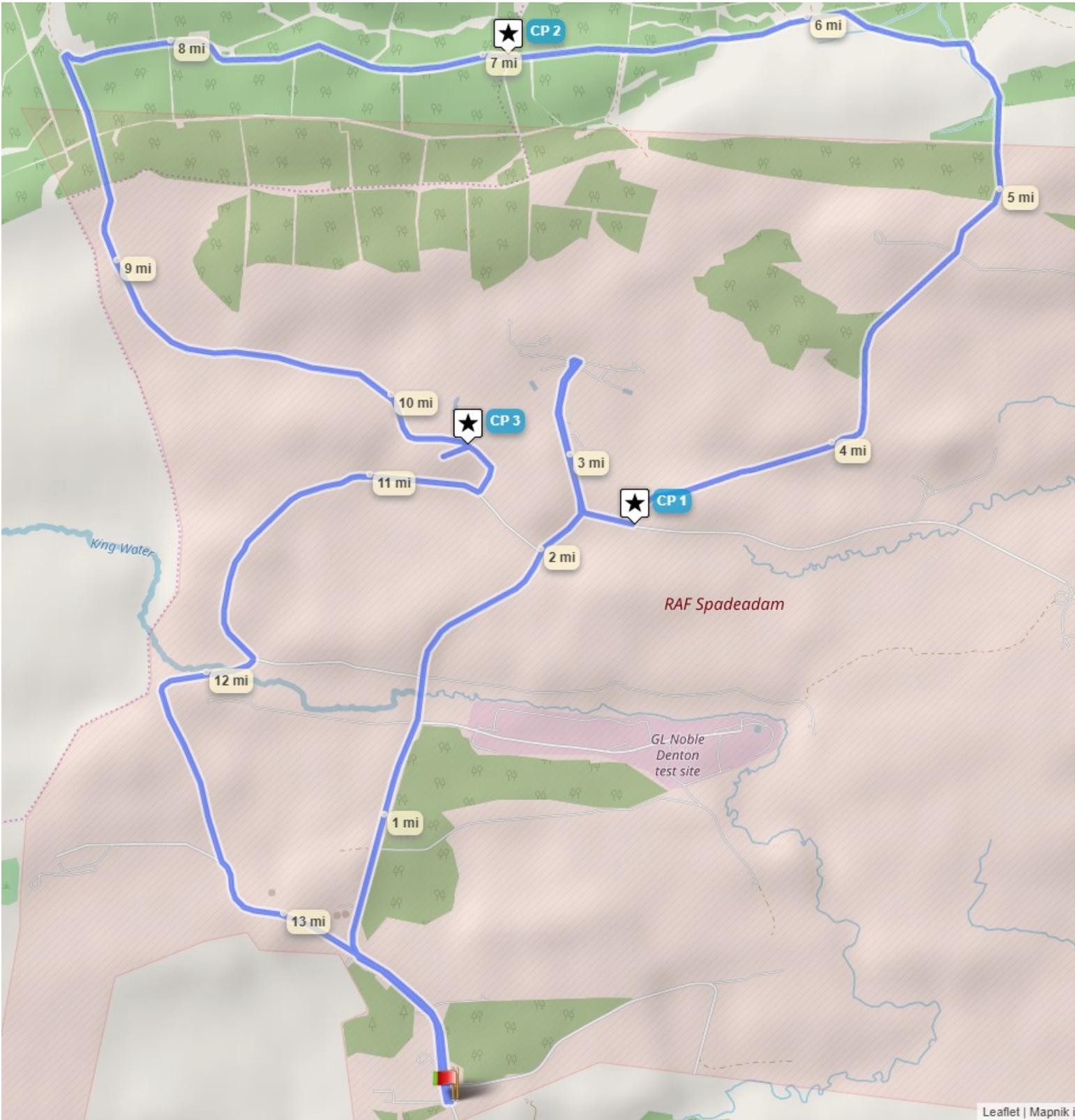
JUNIOR SIZE £20



TRAIL OUTLAWS LONG SLEEVE £15



RAF SPADEADAM HALF MARATHON ROUTE



RACE INFORMATION

RACE ENTRIES/RESULTS <https://www.run-spadeadam.co.uk/spadeadam-results-2021.php>

TERMS AND CONDITIONS www.trailoutlaws.com/tandc

RACE WEBSITE www.run-spadeadam.co.uk/

TRAIL OUTLAWS WEBSITE www.trailoutlaws.com